

- Pisz litery **j, J** po śladach, a potem – samodzielnie.

The image displays a handwriting practice sheet for the letter 'j' and 'J'. It consists of seven rows of blue-lined paper. The first row contains 13 lowercase 'j's and 13 uppercase 'J's, each with a red arrow indicating the starting point and direction of the stroke. The second row contains 3 lowercase 'j's and 3 uppercase 'J's for tracing. The third row contains 3 lowercase 'j's and 3 uppercase 'J's for tracing. The fourth row contains 2 lowercase 'j's and 2 uppercase 'J's for tracing. The fifth row contains 2 lowercase 'j's and 2 uppercase 'J's for tracing. The sixth row contains 2 lowercase 'j's and 2 uppercase 'J's for tracing. The seventh row contains 2 lowercase 'j's and 2 uppercase 'J's for tracing.